

Doing Critical Participatory Action Research: A Comprehensive Guide

Critical Participatory Action Research (CPAR) is a transformative research approach that involves collaborating with communities to identify and address social issues. It is based on the principles of social justice, empowerment, and collaboration. CPAR aims to create knowledge that is relevant to the lives of community members and to promote social change.



The Action Research Planner: Doing Critical Participatory Action Research by Robin McTaggart

★★★★☆ 4 out of 5

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This article provides a comprehensive guide to ng CPAR. We will discuss the principles of CPAR, the different methods that can be used, and the ethical considerations that must be taken into account. We will also provide a case study example of CPAR in action.

Principles of CPAR

The following are the key principles of CPAR:

* **Collaboration:** CPAR is a collaborative process that involves researchers and community members working together as equal partners. * **Social justice:** CPAR is committed to social justice and to addressing the root causes of oppression and inequality. * **Empowerment:** CPAR aims to empower community members by giving them the tools and resources they need to identify and address their own needs. * **Transformation:** CPAR seeks to transform both the community and the researchers involved.

Methods of CPAR

There are a variety of methods that can be used in CPAR, including:

* **Participatory action research:** This method involves researchers and community members working together to identify and address a specific problem or issue. * **Community-based research:** This method involves researchers working with community members to conduct research on a topic that is relevant to their lives. * **Action research:** This method involves researchers taking action to address a specific problem or issue. *

Participatory evaluation: This method involves community members evaluating the effectiveness of a program or intervention.

Ethical Considerations

There are a number of ethical considerations that must be taken into account when ng CPAR. These include:

* **Informed consent:** Researchers must obtain informed consent from all participants in the research. * **Confidentiality:** Researchers must protect the confidentiality of all participants in the research. * **Power dynamics:** Researchers must be aware of the power dynamics between themselves and the community members they are working with. * **Ownership of the**

research: Researchers must ensure that the community members have ownership of the research process and the results.

Case Study Example

The following is a case study example of CPAR in action. This study was conducted in a low-income community of color in the United States. The researchers worked with community members to identify and address the issue of food insecurity. The researchers and community members worked together to develop a community garden and a food pantry. The community garden provided fresh produce to community members and the food pantry provided food to those in need. The project was successful in addressing the issue of food insecurity in the community and in empowering community members.

CPAR is a powerful research approach that can be used to address social issues and promote social change. It is based on the principles of social justice, empowerment, and collaboration. There are a variety of methods that can be used in CPAR, and it is important to consider the ethical considerations when ng this type of research. CPAR is a transformative research approach that can have a lasting impact on both the community and the researchers involved.



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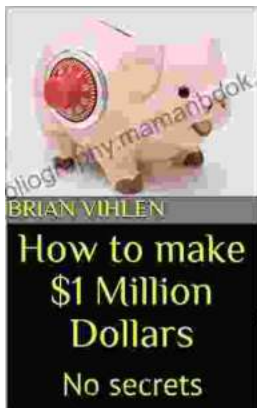
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