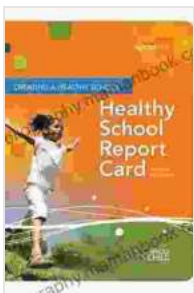


Creating Healthy Schools Using the Healthy School Report Card

Schools play a vital role in shaping the health and well-being of students. They provide a setting where students can learn about health, make healthy choices, and develop healthy habits that will last a lifetime. The Healthy School Report Card is a tool that can help schools assess their current health and wellness practices and identify areas for improvement.

What is the Healthy School Report Card?

The Healthy School Report Card is a self-assessment tool that helps schools assess their health and wellness practices in six key areas:



Creating a Healthy School Using the Healthy School Report Card: An ASCD Action Tool, Canadian 2nd Edition

by David K. Lohrmann

★★★★★ 5 out of 5

Language : English

File size : 22563 KB

Print length : 164 pages



- **Health education**
- **Physical education**

- **Nutrition environment**
- **School health services**
- **Social and emotional climate**
- **Physical environment**

Each area is divided into several subcategories, and schools are asked to rate themselves on a scale of 1 to 5 in each subcategory. The report card also includes a section for schools to identify areas where they need improvement.

Benefits of Using the Healthy School Report Card

There are many benefits to using the Healthy School Report Card, including:

- **It helps schools identify areas for improvement.** The report card provides schools with a comprehensive overview of their health and wellness practices. This information can help schools identify areas where they need to make improvements.
- **It helps schools develop a plan for improvement.** The report card includes a section for schools to identify areas where they need improvement. This information can help schools develop a plan for improvement.
- **It helps schools track their progress over time.** The report card can be used to track schools' progress over time. This information can help schools see how they are improving and identify areas where they need to continue to improve.

- **It helps schools communicate their health and wellness practices to parents and the community.** The report card can be used to communicate schools' health and wellness practices to parents and the community. This information can help parents and the community understand what schools are doing to promote the health and well-being of students.

How to Use the Healthy School Report Card

The Healthy School Report Card is a self-assessment tool. Schools can complete the report card on their own or with the help of a facilitator. The report card can be completed online or in hard copy.

Once the report card is complete, schools should review the results and identify areas where they need improvement. Schools should then develop a plan for improvement and track their progress over time.

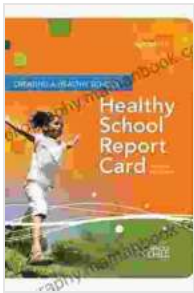
The Healthy School Report Card is a valuable tool that can help schools assess their health and wellness practices and identify areas for improvement. By using the report card, schools can create a healthier environment for students and promote the health and well-being of the entire school community.

Additional Resources

- [Healthy School Report Card](#)

- [How to Use the Healthy School Report Card](#)
 - [Benefits of Using the Healthy School Report Card](#)
-

A group of students are sitting in a classroom, listening to their teacher. The students are all wearing masks and the teacher is standing at the front of the classroom, wearing a mask and a lab coat. The teacher is holding a book and is pointing to a diagram on the board. The students are all looking at the teacher and are listening intently. The classroom is clean and organized, and there are posters about health and wellness on the walls.



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